

THE DIFFERENCE BETWEEN **BULLYING** AND **CONFLICT**

Imbalance of power, not friends

Repeated negative actions

Purposeful

Serious with threat of physical or emotional harm

Strong emotional reaction from victim and little to no emotional reaction from the individual(s) doing bullying

Attempt to gain material things or power

No remorse – blames victim

No effort to solve problem

Equal power or friends

Happens occasionally

Accidental

Equal emotional reaction

Not seeking power or attention

Not trying to get something

Remorse – will take responsibility

Effort to solve problem