Parents/Guardians, please complete this short check each morning and report your child’s information in the morning before your child leaves for school if they have symptoms. Students who are sick or check boxes of potential exposure should not attend school in-person.

**Covid-19 Symptoms:** (Symptoms may appear 2-14 days after exposure to the virus.)
- ☑ fever or chills
- ☑ fatigue
- ☑ 100 or greater temperature
- ☑ body aches
- ☑ congestion
- ☑ nausea or vomiting and/or diarrhea
- ☑ sore throat
- ☑ shortness of breath
- ☑ cough
- ☑ new loss of taste or smell

This list does not include all possible symptoms. For the most current information or to utilize the CDC self-checker, visit cdc.gov.

**SECTION 1: Symptoms**
- ☐ Have you had temperature 100 degrees Fahrenheit or higher when taken by mouth?
- ☐ Have you had a sore throat?
- ☐ Do you have a new uncontrolled cough that causes difficulty breathing (for students with chronic allergic/asthmatic cough, a change in their cough from baseline?)
- ☐ Do you have diarrhea, vomiting, or abdominal pain?
- ☐ Do you have a new onset of severe headache, especially with a fever?

**SECTION 2: Close Contact/Potential Exposure** (within the last 14 days)
- ☐ Have you had a close contact (within 6 feet of an infected person for at least 10 minutes) with a person with confirmed COVID-19?
- ☐ Have you travelled internationally or from a state with widespread community transmission per the NYS travel advisory?
- ☐ Have you tested positive for COVID-19?

**Face Covering/Mask FAQs**
- Per the NYSDOH Guidance, acceptable face coverings include but are not limited to cloth-based face coverings (e.g. homemade sewn, quick cut) and surgical masks that cover both the mouth and nose
- Wear masks with two or more layers
- Wear the mask over your nose and mouth and secure it under your chin
- Disposable masks/face coverings are for one-time use

**DO choose masks that**
- Have two or more layers of washable, breathable fabric
- Completely cover your nose and mouth
- Fit snugly against the sides of your face and don’t have gaps

**DO NOT choose masks that**
- Are made of fabric that makes it hard to breathe, for example, vinyl
- Have exhalation valves or vents, which allow virus particles to escape

**Where to Find More Information at CiTi**
- COVID Information: CiTiboces.org/COVID
- Reopening Information: CiTiboces.org/reopening
- Technology Support: CiTiboces.org/techsupport
- Practicing Safe Hygiene Video: https://youtu.be/6zZOKqUeICQ