Students Practice Mindfulness



Students in Exceptional
Education and Alternative
Education programs throughout
the county implement mindfulness
strategies in the classroom. The
focus was on re-training the mind
to respond differently when stress
arises, equipping our students
with tools to cope with the growing
demands of school and life.

Local Businesses Support Citi Career and Technical Education Programs



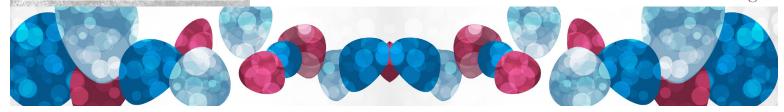
CTE students appreciate a recent vehicle donation to the Auto Technology program.

The Career and Technical Education department at the Center for Instruction, Technology & Innovation (CiTi) recently received several donations from local businesses that will contribute to the student learning experience.

Steve and Laurie Doty of Oswego recently donated a 2003 Volvo V70 to the Auto Technology program.

"This contribution gives high school students the opportunity to learn and solve real-world problems," said Carol Taormina, CiTi Work-Based Learning Coordinator.

Continued on Page 2



Citi Students Come Together, Donate to Toster Care

High School STRIVE and A+ programs at the Center for Instruction, Technology & Innovation recently banded together to create and donate items to children in foster care.

The students made cutand-tie blankets in class as well as stuffed teddy bears with donated material.

Collaborating with the Project Explore Retail CiTi class, these items were placed in a bag with the CiTi Sparks mascot logo and an inspirational quote selected by the students imprinted on the side.

One quote read, "Life is tough, but so are you."

The gift bags were picked up by a representative from the

Local Businesses Support Citi Career and Technical Education Programs

Auto Technology students will use the car to diagnose issues and make repairs as well as minor body work. Public Safety and Justice students will also use the car to practice an auto rescue operation in the future.

"We'd also like to thank Scottie's Towing and Road Service of Oswego for donating their time and service to deliver the undrivable car to CiTi's Mexico location," said Taormina.

Huhtamaki of Fulton, NY, donated several tools and equipment to the new Industrial Electrical Technology program at CiTi.

The U.S. Geological Survey Lake Ontario Biological Station also donated an outboard motor to the Outdoor Power Equipment Technology program.

"Our community and business members play an important role in the education of Oswego County youth," said CTE Principal Michael Thurlow. "We appreciate the support and welcome partnership opportunities to best serve all stakeholders."

Department of Social Services Foster Care system and will be distributed to children in foster care.



CiTi students create and donate items to children in foster care. From left, students Kyle Homer, Chris Arnold, Patti Pennock from DSS Foster Care, James Gorton and Emmanuel Perry.



Cosmetology Students Learn from Hair Restoration Specialist



CiTi Cosmetology students visit with Kristin Galeazzi (center), owner of Profiles By Kristin, specializing in medically-related hair loss.

Cosmetology students at the Center for Instruction, Technology & Innovation (CiTi) were recently visited by Kristin Galeazzi, owner of Profiles by Kristin in Syracuse, NY, who specializes in medical hair loss and restoration.

Galeazzi demonstrated some of the equipment her business uses to examine the scalp and hair follicles of clients to determine the best course of action for treatment. The presentation reinforced biological concepts the students are currently learning in class, such as the stages of hair growth.

As she shared how different medical conditions can affect hair thinning and loss, Galeazzi indicated how important empathy is.

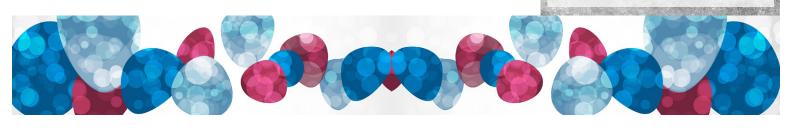
"Hair loss associated with a medical condition can be a very emotional thing for clients, so having empathy is an important aspect of the business," said Galeazzi.

The students learned about a range of hair loss solutions including hair additions and extensions, medical prosthetics and hair loss treatments for men, women and children.

Passer Named Spring Educator Spotlight



The Instructional Technology Support: Model Schools service names Culinary Arts Instructor Sam Passer as their spring educator spotlight. Passer has worked at CiTi for the past six years, and this year, he has partnered with the Digital Media Technology class and Oswego County P-TECH class to create a mold of the 'CiTi Sparks' logo using 3D printing for chocolate bars. His advice to others looking to incorporate 3D printing or new technology in the classroom is to remember there will be ups and downs, but the final product is worth it.



First-ever Citi Chess Tournament



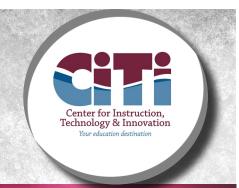
CiTi hosts its first-ever chess tournament. Students from STRIVE, Bridges, Career and Technical Education, P-TECH, Stepping Stones and CARE all came together for the event. It was a close competition, and all the students battled hard, but Tommy Lee from CARE was named champion (center with trophy).

Work-study Asking for Postcards



Mary Throne's class at Fourth Street School is trying to collect postcards from all fifty states. They are asking for your help! Talk to friends and family who live in other states and send them along. Please mail by April 30, 2019 to:

CiTi Mrs. Throne's Full-day Work-study Class at 4th Street 179 County Rte. 64 Mexico, NY 13114



Spetlight

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